



# Sports Activity Schedule

Relaxed activities in gaps all throughout the day

KEY		Camp Start Times
		Food Breaks / Hot Dinner
		Camp Finish Times

## 4 - 7 Years Old

### Ducks

	08:00	08:30	09:00	09:30	10:15	10:30	11:15	12:00	12:30	13:00	14:15	14:30	16:30	17:00	18:00
Monday		Relaxed Activities		Dance/Zumba		Football	DnB Dodgeball		Freeplay	Basketball		Party Games		Multi sport	
Tuesday		Relaxed Activities		Team Games		NERF	Rounders		Freeplay	Golf		Tennis		Multi sport	
Wednesday		Relaxed Activities		Football		Archery/Crossbow	DnB Dodgeball		Freeplay	Cricket		Golf		Multi sport	
Thursday		Relaxed Activities		Party Games		Team Games	Archery/Crossbow		Freeplay	Basketball		Cricket		Multi sport	
Friday		Relaxed Activities		Party Games		Rounders	DnB Dodgeball		Freeplay	NERF		Tennis		Multi sport	

## 8 - 10 Years Old

### Meerkats

	08:00	08:30	09:00	09:30	10:15	10:30	11:15	12:00	12:30	13:00	14:15	14:30	16:30	17:00	18:00
Monday		Party Games		Football		Dance/Zumba	Rounders		Freeplay	DnB Dodgeball		Golf		Multi sport	
Tuesday		Party Games		NERF		Team Games	Glow Badminton		Freeplay	Basketball		Tennis		Multi sport	
Wednesday		Party Games		Archery/Crossbow		Team Games	Golf		Freeplay	Glow Badminton		Cricket		Multi sport	
Thursday		Party Games		DnB Dodgeball		NERF	Rounders		Freeplay	Tennis		Basketball		Multi sport	
Friday		Party Games		Volleyball		DnB Dodgeball	Archery/Crossbow		Freeplay	Cricket		Football		Multi sport	

## 11 - 13 Years Old

### Tigers

	08:00	08:30	09:00	09:30	10:15	10:30	11:15	12:00	12:30	13:00	14:15	14:30	16:30	17:00	18:00
Monday		Party Games		Golf		Rounders	Dance/Zumba		Freeplay	Glow Badminton		Tennis		Multi sport	
Tuesday		Party Games		Glow Badminton		Team Games	NERF		Freeplay	Basketball		Tennis		Multi sport	
Wednesday		Party Games		Team Games		DnB Dodgeball	Archery/Crossbow		Freeplay	Football		Cricket		Multi sport	
Thursday		Party Games		Basketball		Golf	NERF		Freeplay	Rounders		DnB Dodgeball		Multi sport	
Friday		Party Games		DnB Dodgeball		Archery/Crossbow	Volleyball		Freeplay	Football		Cricket		Multi sport	